



Lichtenberger® Institut für angewandte Stimmphysiologie
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Invitation to the 2026 International Training Program at the Lichtenberger® Institute for Applied Voice Physiology

From August 2026 to August 2028, our next training program, “Applied Voice Physiology,” will be held in English.

Over the course of two years, we offer a training program for musicians (vocalists, instrumentalists, conductors, choir directors, etc.), music teachers, speech-language pathologists, therapists, and interested laypeople.

A central aspect of the Lichtenberger® Method is the development or release of sensory self-perceptions, which, in conjunction with sound vibrations, can lead to a process of pressure-releasing lightness in all activities (especially phonation and musical performance). Fine sensory perceptions represent the receptivity of our connective tissue to sound, i.e., they make it capable of resonance. For implementation, there are many theme-centered fields of application that are explored, deepened, and brought to life through individual and group work as well as supervision.

Area of Focus: The Body

Basic anatomical and physiological knowledge
How our motor and sensory nervous systems function
The body’s “diaphragmatic chain”
The interdependence of breathing and vocal physiology
The functional unity of the five senses

Area of Focus: Everyday Life

The integration of all sensory bodily experiences into everyday behavior
Transformation of behavioral patterns

Area of Focus: Speaking Voice

Equality and equal treatment of the speaking voice and the singing voice as the foundation of voice development

Field of Study: Sound

Basic knowledge of acoustics and how the ear works
The relationship between sound parameters (fundamental tone, vowel, consonant, vibrato, singer formants) and vocal function Introduction to “functional” auditory perceptions
The phenomenon of tissue resonance

Field of Study: Application to the Performing Arts

The liberation of artistic expression (voice, instrumental performance, and movement) from cultural and emotional conditioning

The application of body-voice principles to instrumental performance

Field of Study: Pedagogy

Practicing a pedagogy that follows the self-regulation of complex systems (synergetics), that asks questions (question-based pedagogy), and that stimulates (stimulation-based pedagogy).

The Lichtenberger® Institute reserves the right to select participants from among the applicants. Upon acceptance into the training program, you will receive a contract. The training consists of 6 training weekends over a 24-month period, totaling 200 hours (60 minutes each), and takes place in the form of intensive sessions.

Dates

August 27–30, 2026

January 6–10, 2027

April 14–18, 2027

September 1–5, 2027

January 19-23, 2028

March 22-26, 2028

August 23-27, 2028

Total price: € 5040,- (payable in installments)

If you are interested, please contact our office.

sincerely,

Martin Landzettel and Team

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