Lichtenberger® Institut für angewandte Stimmphysiologie

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INVITATION

2026 International Advanced Training Course
at the
Lichtenberger® Institute for Applied Voice Physiology

From August 2026 to August 2028, our next International Advanced Training Course, "Applied Voice Physiology," will be held in English.

Over the course of two years, we offer a training program for musicians (vocalists, instrumentalists, conductors, choir directors, etc.), music teachers, speech-language pathologists, therapists, and interested laypeople.

A central aspect of the Lichtenberger® Method is the development or release of sensory self-perceptions, which, in conjunction with sound vibrations, can lead to a process of pressure-releasing lightness in all activities (especially phonation and musical performance). Fine sensory perceptions represent the receptivity of our connective tissue to sound, i.e., they make it capable of resonance. For implementation, there are many theme-centered fields of application that are explored, deepened, and brought to life through individual and group work as well as supervision.

Field of Study: The Body

- Basic anatomical and physiological knowledge
- How our motor and sensory nervous systems function
- The body's "diaphragmatic chain"
- The interdependence of breathing and vocal physiology
- The functional unity of the five senses

Field of Study: Everyday Life

- The integration of all sensory bodily experiences into everyday behavior
- Transformation of behavioral patterns

Field of Study: The Speaking Voice

- Equality and equal treatment of the speaking voice and the singing voice as the foundation of voice development

Field of Study: The Sound

- Basic knowledge of acoustics and how the ear works
- The relationship between sound parameters (fundamental tone, vowel, consonant, vibrato, singer formants) and vocal function Introduction to "functional" auditory perceptions
- The phenomenon of tissue resonance

Field of Study: Application to the Performing Arts

- The liberation of artistic expression (voice, instrumental performance, and movement) from cultural and emotional conditioning
- The application of body-voice principles to instrumental performance

Field of Study: The Pedagogy

- Practicing a pedagogy that follows the self-regulation of complex systems (synergetics), that asks questions (question-based pedagogy), and that stimulates (stimulation-based pedagogy).

The Lichtenberger® Institute reserves the right to select participants from among the applicants. Upon acceptance into the training program, you will receive a contract. The training consists of 7 training weekends over a 24-month period, totaling 200 hours (60 minutes each), and takes place in the form of intensive sessions.

Dates

August 27 – 30, 2026	The Larynx
January 6 – 10, 2027	The Body's Relationship to the Larynx
April 14 – 18, 2027	The Nervous System
September 1 – 5, 2027	The Organ of Hearing
January 19 – 23, 2028	The Tongue
March 22 – 26, 2028	The Speaking Voice
August 23 – 27, 2028	Voices Associative Training

Total price: **EUR 5060,-** (payable in 23 monthly installments of EUR 220,- each)

If you are interested, please contact our office.

Sincerely,
Martin Landzettel and Team
Lichtenberg, October 2026